



May 2007 Newsletter & Events Calendar

PRESIDENT'S MESSAGE

Spring has definitely arrived with budding flowers and renewal and we are now planting the seeds for a renewal of our Board of Directors and Committee Chairpersons at our Annual General Meeting to be held the first part of June. (Watch for Notice of Annual Meeting).

Throughout the year, the Board of Directors has thoroughly enjoyed the time we spent working and laughing together, but like the seasons, we must move on...and ask for re-commitments from existing Board Members and to seek new Directors to join us.

Your MABC Association is run by volunteers...it's fueled by energy, enthusiasm, passion, dedication and time contributed. Every contribution, whether large or small is appreciated. Now is your chance to share in that contribution. We need help throughout the year with our events. If you have some time to spare...even a few hours now and then...come out and lend your Association a hand. It's great to meet people, enjoy some camaraderie, network, learn something new and most importantly have fun!!

If you'd like to volunteer on an ad hoc basis, depending on when you have some spare time our Chairpersons are always looking for help...to organize various events...including social, business, cultural, sports or just get together and cakap cakap and makan lah. Like to write, then help contribute to our newsletter with an article, share a recipe, help out with designing an ad or a promotion.. If you have ideas for any events or projects share them with us. This coming year, we want to make our Association family oriented with events for the whole family including events for the children.

Once again our premier event will be our 2nd Annual MABC Golf Tournament. This year our tournament is going to be more politically correct. For example, we will no longer refer to our member golfers as having a "Handicap". Instead, we will only say they are "Stroke Challenged".

I hope to see you all at our coming Annual General Meeting.

WELCOME TO NEW MEMBERS

Ann Leong and Family	(Tourism Malaysia)
Derrick Banks	(Fairleigh Dickinson University)
Albert Lee and Family	(RCC Group Inc.)
Jackie Tai and Family	(STS Partners LLP)

Encourage all your Malaysian and non Malaysian friends to join MABC. We are growing with more events planned for the coming year. Download our membership application on our website www.mabccanada.com

Gourmet Makan Club held it's 3rd Makan Night at the Chilli House on Beach Ave. in Vancouver (famous for Thai food with a great ambience and a tremendous view of the seawall and Granville Island Market). We welcomed Jackie Tai, her husband, Robert and daughter Lisan (Lisan just arrived from Malaysia 2 months ago). Our VP Gerald Lau was pleased to hear that Jackie and family recently moved to into his neighbourhood and that he now has a new fishing kaki in Robert! Jackie promised to knock at his door when she's cooking Malaysian food.

MABC is seeking interested members and friends to join our newly formed MABC Cultural Dance Group. Tourism Malaysia is sponsoring the group. They are providing the Instructor, Free Lessons and a practice location at no charge. Tourism Malaysia can provide authentic Malaysian costumes for any performances. This is open to all age groups, male and female and we would especially like to encourage parents to involve their children. Wouldn't it be wonderful that our children can learn and perform some of our native dances, and get the chance to perform at special cultural events and become an ambassador for Malaysia. For more information call Gina Hansen 604-321-6012.

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Congratulations to the Indonesian Community who held a very successful Charity Bazaar on Saturday April 28th. The location was at the home of the Indonesian Consul General who opened his back yard where tents and food stalls were put up to sell Indonesian food, products and raffle draws. It was open to the public who enjoyed cultural dance performances. Local Indonesian businesses also displayed their products.



This is a good model for our MABC to follow for a similar project and a member has suggested that we organize a similar event in the lobby of the downtown office tower where the office of the Consulate and Tourism Malaysia are located. By having an event like this downtown it will attract hundreds of noon time workers and business people allowing them to discover Malaysia as a tourist destination, sample our food and products. If interested in participating in an event such as this please contact Gina Hansen 604-321-6012.

Two Major Golf Tournaments this Year

1. MABC will be holding their 2nd Annual Golf Tournament August 22nd, 2007 at the Riverway Golf Course in Burnaby, B.C. This year will be a Shot Gun Tournament followed by a 10 Course Awards Dinner. Start putting your teams together. Please contact our Golf Chairman Gerald Lau for Registration Forms. \$110 per person, includes dinner or Dinner only \$35 per person.
2. Malaysia – The World Amateur Inter-Team Golf Championship is being held again this year organized by Tourism Malaysia. The Tournament is open to all amateur golfers in a team of minimum three and maximum four players with a valid USGA, National Handicapping System or Club verified handicap (whichever is lower) of 18 and below for men or 24 and below for ladies.

Each qualifying round shall be played on two different 18 hole golf courses over 4 days. Teams that qualify from the preliminary rounds will be invited to play in the Grand Final hosted by Tourism Malaysia. All members of the qualifying teams for the Grand Final will be provided with return economy class tickets, accommodation, ground transportation and daily breakfast. Cost for the qualifying rounds are as follows:

Registration Fee: \$1,500USD per team (Airfare extra)

Registration Fee includes the following:

- 5 nights accommodation
- 4 rounds of golf (inclusive of green fee & buggy fee)
- Airport-hotel-airport transfer
- Daily transfers form hotel-golf club
- Commemorative goodies
- Invitation to the Prize Giving Dinner
- Selected Dates and Golf Locations are:

May 14-18 Melaka

June 11-15 Selangor

July 2-6 Sarawak

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Grand Final August 20-23

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Malaysia's popularity as a choice destination for golfing has grown over the years where today, more than 200 golf courses are located around the country. It has its fair share of world-class golf courses designed by top golf architects such as Robert Trent Jones, Jr. and Ronald Fream. Golfers can enjoy 205 different courses (164 in Peninsular Malaysia and 31 courses in East Malaysia)

Don't golf? Like to learn? MABC is organizing Beginners Golf Lessons for members. (Did you know that major business deals are usually concluded during a game of golf? It's great exercise and a way to meet new people. Become a golfer and you won't be left out of the conversation when your friends are sharing their golfing stories) Contact Gina Hansen 604-321-6012 for more information. There is still time to become a beginner and join our Golf Tournament August 22nd.

Other Spring and Summer Planned Events

1. Our member Peter Young, is planning and organizing an organic farm and winery tour that will visit a lower mainland organic dairy farm, chicken farm and organic vegetable farms with a stop at a local winery for a tour and a visit to the trout hatchery in July. This will be a terrific opportunity to learn about organic farming and the reasons why purchasing organic food is a more healthy choice for you and your families. Depending on participation we plan on renting a small bus and there will be a nominal charge which will include lunch. Interested or would like more information please call Gina Hansen 604-321-6012.
2. Saturday May 20th from 1:00pm to 3:00pm is MABC bowling Day again at Rev's Bowling Centre in Burnaby. This is a family event and always proves to be a fun afternoon for everyone. Put your team together and then call Helen Leong to reserve your lane.
3. A live Malaysian cooking show is planned for the summer at the Bay downtown, similar to the cooking show we did 3 years ago at the same location. Back then we showcased satay with Kajang peanut sauce, Char Kuay Teow and Indian Chicken Varuval. This year will showcase a different menu, but the spirit remains showcasing Malaysian cuisine. MABC is interested in volunteer chefs for the demo, so please help us identify a chef or even a home chef.

Remember to check our website www.mabccanada.com for a list of coming events and news about your Association.

Our friends at the Grenadian Cultural Assn are producing a "Grenfest" of authentic Grenadian cuisine on June 9th at 7pm, tickets are \$20 (dinner and dancing with live DJ music), call 604-942-9618 for details and tix.

FOOD: by Pamela Yoon Drakos

This month we feature some of the most famous foods from Kuching. Hopefully, you will find this as inspiration to start cooking some delicious mouth watering local fare and invite some friends to share with you.

Kuching has a number of notable local dishes served at hawker stalls:

Kuching 'kolo mee' or 'koh-loh mein' (egg noodles, flash-boiled and then served with (classically) garlic, shallots and sliced barbeque pork also known as "char siew") ...apparently, Kolo Mee is such an inseparable part of the whole Kuching culture. Ask any true Kuchingnite living overseas what they miss most about their hometown and they would all invariably say, "Kolo Mee... Laksa... Tomato Kueh Teow..." "How about Mommy and Daddy?" "Oh ya, almost forgot! Mommy and Daddy too!"

Sarawak Laksa (a spicy coconut prawn paste-based soup served with rice vermicelli, eggs, prawns, chicken, deep fried tofu and occasionally clams)

Tomato Sauce Mee (crispy noodles served with tomato sauce, vegetables, and meat) or Tomato Sauce Kuay Teow (flat rice noodles) are the most well-known hawker dishes served.

Next month I will feature some recipes compliments of Puan Azirah and Consul-General Mat Dris Yaacob.

Your MABC Board of Directors for 2006-2007 are:

<u>Name:</u>	<u>Telephone #:</u>	<u>Email address:</u>	<u>Occupation:</u>	<u>Where from?</u>	<u>MABC Responsibility</u>
President: Gina Hansen	604-321-6012	gina@sunclubtravel.com	Owner, SunClub Travel	Penang	everything!
Vice-President:					

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Gerald Lau	604-945-3646	gcplau@shaw.ca	President, Invenacom	Kuching	everything too!
Secretary: Luke Tham	604-270-3031	luke_tham@hotmail.com	Owner, Bridgeport Postoffice	KL	Secretary & Membership
Treasurer: Helen Yeoh-Leong	604-942-6966	helenyeoh23@hotmail.com		KL	Social
Directors: Edward Lee	604-879-8616	e99lee@hotmail.com		Malacca	Sports
Kel Tang	604-803-5843	keltang@shaw.ca	Graphic Designer Madmoles Communications	PJ	Communications & website
Richard Ong	604-240-0088	richardong@mdi.ca	Ellie Tropical Cuisine	KL	Asst Special Projects
Robin Lau	604-512-6430	robinlau12155@hotmail.com	Marketing, Toyota Canada	Kuching	Special Events
Webmaster: Dominic Wong	604-719-3025	dominicw@shaw.ca			Webmaster
Immediate Past-President: Andrew Annuar	604-218-4536	aannuar@shaw.ca		KL	
Previous Past President, Pamela Yoon Drakos	604-623-3263	pamela_drakos@hsbc.ca	Investment Advisor Global Private Client Services HSBC Securities (Canada) Inc.	Ipoh	Newsletter editor & coordinator

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